

## Dental Veneers

### Introduction

We would like to feel more secure during the treatment that is aided by the proper knowledge of schedule, duration, side effects and complications of your treatment.

During the consultation your dentist is going to inform you on the given interventions in details. This informative supply aims at refreshing what has been heard and summarizing the answers of the most frequent questions. Please read carefully this handout prior to the initiation of your treatment and in case of any questions our doubt do not hesitate to consult with DentalCareBudapest.com.

The purpose of this handout is to provide information for you and your approval of treatment with full knowledge and informed consent in compliance with The Lisbon Declaration of WHO of 1981 and with Act CLIV of 1997 effective in Hungary.

### Indication for dental veneers

- ✓ In case of the front teeth are tarnished and grayish, and bleaching is not efficient (e.g. acquired tetracycline discoloration).
- ✓ In case of the shape of the front teeth is not appropriate.
- ✓ In case of immaturity of the structural components of teeth, the enamel and dentin (Enamel and dentin hypoplasia).
- ✓ In case of state abnormality of front parts that may not be regulated with dental care or the Patient does not wish it to be regulated.
- ✓ In case of diastema of front teeth.
- ✓ In case of the Patient is not satisfied with her/ his smile aesthetic look.
- ✓ In case a part of the front tooth has broken off and it is not suggested to repair the missing part with a filling.

It is possible before the treatment to make a so called "smile design" to plan the shape and the color of those teeth which are wanted to be modified with veneers.

### Treatment

Dental veneers needs preparation on the external surface and on the incisal edge. Impression is made from prepared teeth that provides the base of the veneers carried out by the dental laboratory technician. For the perfect articulation and occlusion of the upper and lower jaw, we need an antagonistic impression (the opposite arch of the prepared arch) and bite registration. At the first meeting, after the preparation the prepared dental surface is covered by temporary veneers. The color of the veneers is decided after the impression taking.

### Dental technique

Dental work at the laboratory requires approximately one week. Waiting period may be reduced to 5 days upon paying urgency charge. During the previous smile design (mentioned above) the patient and the dentist can discuss and precisely decide the shape, color, size and location of the permanent veneers made by the dental laboratory. We take photos and impressions about the smile designed area what we send to the dental technician, and a personal meeting with the dental technician is also possible. Veneers can be made from composite materials (e.g. Gradia) or from different types of ceramics (e.g. Empress, Empress 2 etc.).

## Temporary veneers

Temporary veneers are made of composite based material or composite material and are attached to the tooth surface immediately after the preparation. Temporary veneers are used chiefly due to aesthetic reasons. Biting and chewing is possible with them very gently and their function is lower than the permanent ones.

## Complaints

### Subsequent to treatment

- ✓ Teeth may be sensitive to cold or warm, this is a natural accompanist of treatment, in case of severe pain, we kindly ask you to consult the problem with your dentist.
- ✓ Temporary veneers may slide off due to significant dynamic effect.
- ✓ The surface of temporary veneers may be raspier than the surface of regular teeth.
- ✓ The gingival/ gum or the location of the anesthesia/ injection may be sensitive or painful subsequent to treatment.

### Subsequent to attaching

- ✓ Teeth may be sensitive to warm and cold for a few days or weeks.
- ✓ Certain parts may impede the perfect occlusion.
- ✓ Gluing/ luting material remains on the surface.

## Complications

- x Temporary veneers may fall off due to mechanical effects (e.g. clashing of teeth, bite, teeth gritting).
- x Due to the impact of treatment, dental pulp inflames and the tooth/teeth requires/require root canal treatment.
- x In very rare situations, the attached veneer may fall off. This might be caused by nocturnal teeth gritting or incorrect biting.

## Handing over

Attaching veneers is carried out a week later, normally under anesthesia with a special type of luting material, so called dual-cement.

## Incorporation

After attaching veneers, new material and new shape is inserted in the mouth. Both lips and tongue shall get used to the new conditions. During accustoming, one may consider that teeth are smaller or bigger than their original size is.

Muscle tones of lips shall accustom to new teeth, too. The sliding of upper and lower lips on teeth surface may be unusual while laughing and talking.

The modified air flow while talking and phonation may be atypical for a few days or perhaps for a few weeks.

One may encounter sensitivity to cold or warm after the attaching. It ceases within a few days, however in certain cases a few weeks.

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Your smile is our job.

## Guarantee

Guarantee may be claimed for breaking and cracking of veneers what is not caused by an accident, physic or acquired bruxism or new hobby (e.g. piping etc.). Warrantee lasts for three years and may be claimed when the patient participates in the half-year check-up or follow up examination and the dental hygienic consultation. Download our guarantee terms from: [www.dentalcarebudapest.com/guarantee\\_terms](http://www.dentalcarebudapest.com/guarantee_terms)

## Guarantee may not be claimed

- x Upon aesthetic consideration (e.g. one desires other shaped tooth or different color).
- x In case of decaying tooth.
- x In case of the Patient does not participate in the half-year check-up examination and dental hygienic consultation.

## Home care and cleaning

It is inevitable to take a proper and thorough care of teeth. Regular use of adequate tooth brush, tooth paste and dental floss is a must. Cleaning of teeth is carried out in compliance with the advice and guide of a dentist or a dental hygienist. You need regular dental hygienic consultation!

## Before-after pictures



## Important Notice

None of the dental treatments are completely risk free. Your dentist is going to take reasonable steps to limit any kind of complications of your treatment. However, there are some complications that tend to occur with some regularity.

If you have any questions about these complications, or about any other complications you have heard or thought about, please do not hesitate to ask your doctor.